



Trail in a Day Event

Paul Bunyan State Trail

DNR Division of Parks & Trail's 125th Anniversary Celebration

Paul Bunyan Totem



Timeline:

- 7:30 AM Set-Up the event for the Paul Bunyan totem send offs in Lake Bemidji State Park
- 8:00 AM Brief Hooray & Paul bikes off & heads south towards Hackensack
- 8:35 AM Stop: Paul Bunyan & Babe the Blue Ox Statues in Bemidji (Ten minutes)
7.3 miles, bathroom, photo opportunities
- 9:30 AM Stop: Nary School (Five minutes)
8.6 miles, bathroom, photo opportunities
- 10:00 AM Stop: Guthrie, MN (Five minutes)
5.1 miles, bathroom, photo opportunities
- 10:30 AM Stop: Laporte, MN (Five minutes)
6.4 miles, bathroom, photo opportunities
- 11:00 AM Stop: Benedict, MN (Five minutes)
5.2 miles, bathroom, photo opportunities
- 11:40 AM Stop: Walker City Park (Twenty minutes) via Sing-go-bee Bike connection
7.7 miles, bathroom, photo opportunities, lunch
- 12:40 PM Stop: Paul Bunyan State Trail Trailhead on MN 34
8.1 miles, bathroom, photo opportunities
- 2:15 PM Conclude: Hackensack Chamber of Commerce Building
14.7 miles, bathroom, photo opportunities

Total Miles = 63.1

Talking Notes:

Trail in a Day is a community ride with the goal to having every part of the trail ridden, reminder of how outdoor recreation is woven within the fabric of the society in central Minnesota.

The Paul Bunyan Trail is the longest Minnesota all-purpose trail at 123 miles and it connects the Heartland Trail, the Blue Ox Trail and leads into the Cuyuna State Trail. The trail's namesake, Paul Bunyan, is a reminder of the rich forestlands that supported a robust timber industry and is ever present on any ride through the pines.

The trail pathway follows the original railroad line built in 1893 by Burlington Northern and thus the PBST continues to help connect the communities.

Former U.S. Representative Jim Oberstar, who represented Minnesota's 8th District from 1975 to 2011, co-sponsored the transportation funding bill that was critical in constructing the Paul Bunyan State Trail.

In 1988 the first 30-mile segment of the Paul Bunyan opened from Brainerd to Pine River. By October 1992, a total of 50 miles of the multi-use, recreational Paul Bunyan Trail (from Brainerd/Baxter to Hackensack, MN) was paved and opened.